

# What I love about my life!

01

02

03

04

05

06

07

08

09

10

# Things that bug me about my life.

01

02

03

04

05

06

07

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## SEASONAL THINGS

What's on your list that is seasonal? Yard work, back-to-school, holiday planning, etc.

## ONE-TIME THINGS

What's on your list that's a one-time thing? A closet that bugs you. You need a new car..

## LIFE-LONG THINGS

Things that are life-long changes - eating better, moving more, etc.

# JANUARY

*Life Notes:*

Seasonal

One-Time

Life-Long

# FEBRUARY

*Life Notes:*

Seasonal

One-Time

Life-Long

# MARCH

*Life Notes:*

Seasonal

One-Time

Life-Long

# APRIL

*Life Notes:*

Seasonal

One-Time

Life-Long

MAY

*Life Notes:*

Seasonal

One-Time

Life-Long



# JUNE

*Life Notes:*

Seasonal

One-Time

Life-Long

JULY

*Life Notes:*

Seasonal

One-Time

Life-Long

# AUGUST

*Life Notes:*

Seasonal

One-Time

Life-Long

# SEPTEMBER

*Life Notes:*

Seasonal

One-Time

Life-Long

# NOVEMBER

*Life Notes:*

Seasonal

One-Time

Life-Long

# DECEMBER

*Life Notes:*

Seasonal

One-Time

Life-Long